

It is said that the beating of a butterfly's wings in one place can cause a tornado in another part of the world. The same is true for all of your actions to help children and families. It matters what you do. Whether you know it or not, every day, as a member of your community you shape children's lives in ways you might not even notice. Children hear what you say and see what you do. And, whether you are a bus driver, teacher, parent, neighbor, or random passer-by, you interact with children and play a role in their development. Small actions can strengthen families and prepare children for success.

2008 ANNUAL REPORT



**Idaho
Children's
Trust Fund**

Butterflies

are also a symbol of transformation. Throughout this report they reflect the changes we are making in the lives of children and their families. The Idaho Children's Trust Fund is working with groups throughout Idaho who are strengthening families to prevent child abuse and neglect. Working with families to build 5 Protective Factors helps to inoculate them against the stress that leads to child abuse and neglect.

As illustrated by the butterflies that flutter through these pages the 5 protective factors that all of our programs are building in partnership with families are:

- Resiliency, or the ability to bounce back from adversity;
- Social connections so that all parents have at least one person who supports them in parenting;
- Knowledge of parenting and child development since parenting is both natural and learned;
- Access to concrete supports in times of need because all families need help sometimes; and
- An ability to develop the social and emotional competency of children, especially when those children have special needs.

All families thrive when these protective factors are in place. Some families are fortunate to have acquired these qualities through natural networks of family and friends. For many of us in Idaho and throughout the country though, we need the assistance of community based organizations like the ones we fund through the Idaho Children's Trust Fund to give our children the safest and most fulfilling childhoods possible.

Message from the Board Chair

This past year it has seemed that we were experiencing the old Chinese curse, "May you live in interesting times." The year 2008 was certainly full of new challenges and opportunities. Our Executive Director, Roger Sherman, who we just brought on board last year, had to seek a new Grants Manager with the departure of Margaret Hower, who served us so well. We welcome Wickes MacColl and look forward to working with her.

The Board has also faced challenges. The departures of Lynn Miner and Marilyn Giddings leaves the Board of Directors short and with only the "state agency" members sitting officially, since all the other members still await the Governor's appointment.

Notwithstanding these challenges the ICTF has been very active in preventing child abuse and neglect, which is our statutory charter. We have reached out to underserved populations through our award program as well as our grants. El Valor de los Padres, a project of Help Inc. of Bonneville Country was honored at our annual conference with an award of \$5000. This program provides English as a second language training to Hispanic parents with an emphasis on parenting education. This is a strong and effective program which is now being replicated in Nampa. ICARE in Coeur d'Alene is providing services to underserved rural families through a multi-year grant.


ICTF brought on an AmeriCorps member this spring to develop community or parent "cafes" that bring parents together to focus on important parenting and family issues. We also hosted a seven hour training facilitated by Circle of Parents that focuses on parent leadership and group facilitation.

In collaboration with the Idaho Association for the Education of Young Children the ICTF developed a curriculum and training program entitled "Strengthening Families through Early Care and Education". This program has gained national recognition.

Our grants program continues to offer money to small programs with few other sources for funding. We administer an annual grants program as well as a multi-year program providing larger sums to the selected programs. Although the Board is concerned with the worsening economic picture and its impact on our funds, we continue to seek ways to maximize the Trust Fund's impact on Idaho's problems related to child abuse and neglect.

The Board looks forward to a productive 2009, and we will continue to carry out the legislative mandate that we consider so important.

R. Monte MacConnell | Board Chairman



Parent's
can
"bounce
back"

-Parental Resilience

2008 Grantees

Five organizations are beginning their second year of a three-year grant cycle. Each receives \$15,000 in year two. ICTF began offering multi-year grants in 2005 in order to allow groups to develop in-depth projects that could have a more sustained impact. Organizations who receive these grants are trained by the Trust Fund in a program of sustainability planning to assure their ongoing success after ICTF funding is no longer available.

Cycle 2 Multi Year Grantees (2007-2010)

- **The Shoshone Bannock Tribe Keeping Native Kids Safe Project, Fort Hall Reservation**

This project offers parent education classes and other support services to Native American families to prevent child abuse and child neglect. Tribal history and values are an integral part of this project.

- **ICARE Children and Family Advocacy Center, Coeur d'Alene**

Targeting two underserved populations, ICARE is reaching out to both fathers & rural parents to reduce/prevent child abuse & neglect. Fathers will participate in the Nurturing Fathers program and rural parents have Love and Logic and Early Childhood Parenting made Fun classes offered in their communities. Home visits are available to both groups.

- **Mercy Medical Center First Steps for a Healthy Start, Nampa**

The Community Outreach Initiative is coordinating a collaborative, community-wide effort to strengthen families & promote a Healthy Start for young children. Project activities include: 1) establishing a systematic, collaborative network to coordinate family services & enlarge support systems for vulnerable families, 2) offering emotional support, parent educations & referral to community resources for first time families of newborns at Mercy through the First Steps program, including distribution of Spanish language materials & resources specific to active fatherhood; 3) implementing a Family Outreach program that combines parent education, using the Nurturing Parenting curriculum, with a series of child health & family wellness programs using volunteer resource people from the community.

- **Northern Rocky Mountain Easter Seals—Goodwill Program in the Treasure Valley Play and Language for Autistic Youngsters (PLAY) Project, Canyon County**

Easter Seals-Goodwill has developed "Play and Language for Autistic Youngsters" (P.L.A.Y.), as their core autism program after researching best practices on autism interventions at the local and national level. P.L.A.Y. is taught and practiced in the child's natural environment and incorporates the entire family into the therapy. Child abuse and neglect prevention skills are taught to parents in their homes as they learn how to play with their children.

- **Idaho Association for the Education of Young Children Strengthening Families Initiative, Statewide**

The initiative expands the Strengthening Families through Early Care and Education program to reach more child care centers and families throughout Idaho. The project focuses on under-served Latino families and families that include people with disabilities. The Strengthening Families model uses natural and trusted partners (child care providers) to help build strengths and protective factors in families.

Cycle 1 Multi-Year Grantees with Projects completed June 30th

Six organizations completed ICTF funding after three years as the first cohort of multi-year grantees. Most are continuing to offer services, though some are at reduced levels. El Valor de los Padres and the Raising a Nation curriculum are being used by other organizations and are growing through replication.

- **Shepherd's Home, McCall**

Shepherd's Home provides care to families in need, offers parenting education classes in Riggins, Council, Cascade and McCall and has created a resource lending library for parents.

- **El Valor de los Padres, Help, Inc., Idaho Falls**

El Valor de los Padres offers English as a Second Language classes with the content centered on parenting education, along with ongoing parent support activities and information.

- **Panhandle Health District, Coeur d'Alene**

Panhandle Health district serves the 5 northern counties with public health nurses who do home based parenting education for high risk infants and toddlers.

- **Young Children and Family Programs of the Palouse, Moscow**

YCFP offers in-home parent education to families with children up to 13 years in age, together with ongoing parent support groups and information.

- **Families Together for People with Disabilities, Moscow**

The Raising a Nation project has developed and implemented the Native American Parent Education Project using traditional Nez Perce tribal stories to teach positive parenting skills.

- **Open Arms Baby Boutique, Nampa**

The Open Arms Baby Boutique offers an incentive based parenting education and wellness program for low income families.

2008 Annual Grantees

Twelve new projects funded by the Trust Fund started up at the first of July. Over \$50,000 is going out to fund a range of different projects statewide to prevent child abuse and neglect. The Annual Grant Program funds small projects that are able to make a significant difference in their local communities. The ICTF funds programs throughout the state each year that provide services ranging from parent education, to visits with new families in hospitals, to support groups for families with children with disabilities, to training for working with blended families. This funding allows for programs that do not have the capacity to apply for and implement a complex grant program, to have funds to offer services that quickly and directly impact families in their communities.

- The Children Who Challenge Parenting Program run by Families Together for People with Disabilities in Moscow will provide intensive parenting skills training to parents of children with disabilities.
- ICARE in Coeur d'Alene will begin developing parent support groups using the circle of Parents model for peer to peer support and leadership development.
- Kellogg School District, Mountain States Early Head Start in Coeur d'Alene and Valley Crisis Center in Nampa will be

delivering the Nurturing Parenting program to parents in their areas. Nurturing Parenting is an evidence based child abuse prevention program developed by Stephen Bavolek who the Trust Fund brought in last fall to train facilitators.

- Catholic Charities of Idaho received a grant to develop the El Valor de los Padres program in Canyon County. This program uses English as a Second Language classes to teach parenting.
- Rose Advocates in Weiser will combine parenting classes with the "Present and Prevent" program.
- Friends of Children and Families Head Start in Boise and Bright Tomorrows Child Advocacy Center in Pocatello will focus on prevention of child sexual abuse through providing the Stewards of Children curriculum to an extensive public.
- South Central Head Start in Twin Falls and Help Inc in Idaho Falls will focus on providing support and parent education to fathers.
- The Familias Saludables/Healthy Families program out of St Luke's in Hailey will continue to provide parenting classes and health education to Spanish speakers in the Wood River Valley.

2008 Board Award for Child Abuse Prevention

At the Idaho Children's Trust Fund's annual conference in April, Help, Inc Child Abuse Prevention Center was honored by the Trust Fund's board of directors with its annual Board Award that recognizes exemplary programs like their El Valor de los Padres program, which teaches parenting skills while providing instruction in English as a Second Language. The Award is accompanied by a check for \$5000.

"El Valor de los Padres has shown continual growth and effectiveness for all participants," according to Karalie Morgan of Bonneville Even Start. "El Valor has been a reliable resource for families in preparing them to function in a new country, deal with the American school system, handle the stress of being low income and becoming a positive influence in their children's lives."

El Valor de los Padres also offers community resources and referrals, family services including respite care for children while parents attend parenting/ESL classes, weekly parenting groups and a meal, family activities and monthly home visits to reinforce parenting skills learned in class.

During the past year El Valor de los Padres served roughly 40 families and about 120 families since its creation in 2004. The project indirectly serves 1000 families through the distribution of the training curriculum, informational fliers and other resources.

If imitation is the sincerest form of flattery then Help, Inc should feel truly flattered. Catholic Charities of Idaho has recently received an annual grant to replicate the Idaho Falls' organizations highly successful program. Demonstrating best practices and replicating them in new locations is an important way that the Trust Fund can strengthen families to prevent child abuse statewide.



MARY MARSHALL (FAR RIGHT) MAKES THE PRESENTATION OF THE BOARD AWARD TO CURTIS PETERSON, EXECUTIVE DIRECTOR AND OTHER HELP INC STAFF MEMBERS, REYNA BARRAGAN-COATES AND HOLLY WHITWORTH.

Parents are the Key to Prevention

In April, the Idaho Children's Trust Fund/Prevent Child Abuse Idaho, in collaboration with Prevent Child Abuse California, brought on an Americorps member to coordinate a Parent Involvement Project. Through training and ongoing support, the ICTF Parent Involvement Project hopes to promote the empowerment of parents for leadership at multiple levels with the Protective Factors for Strengthening Families flowing through all gatherings.

In April, ICTF hosted a 7-hour training with trainers from Circle of Parents for parents and providers that focused on parent leadership and group facilitation. Out of this training parent group work was begun in Coeur d'Alene, Twin Falls and Nampa.

While doing initial meetings with 17 agencies in southwestern Idaho, a parent leader was identified at Open Arms Baby Boutique in Nampa, Idaho, a grantee of the Trust Fund. After receiving the facilitator training, this parent leader immediately began facilitating a Circle of Parents group at the Boutique. Meetings are scheduled semi-monthly. ICTF provides ongoing mentorship and training for this parent leader and group.

Shelli Hansen, the AmeriCorps member working for the Trust Fund, is also working to develop community or parent cafes that bring parents together to focus on important parenting and family issues in a conversation process.

Our Work Begins and Ends with Strengthening Families

Idaho's Strengthening Families through Early Care and Education program, a collaboration between the Trust Fund and the Idaho Association for the Education of Young Children (Idaho AEYC), continues to grow locally and gain recognition on the national level. Strengthening Families training is available in every region of the state, and this year 250 providers have attended 125 trainings throughout Idaho.

Over the past two years our Strengthening Families curriculum and training program has taken shape and been piloted in 2 phases reaching 52 child care programs and nearly 2000 children. Here is what one family provider has to say about the training: "I am so grateful for this class and our new experiences that not only have benefited our daycare families, but our lives as well. I would strongly suggest this series to everyone no matter how long you've worked with children or how skeptical you may be-- this series will definitely forever change your life and the lives of the children in your community."

In addition to positively impacting families in Idaho, our Strengthening Families work is gaining national recognition. Recently, Idaho was chosen as one of just three peer states selected to guide the rest of the nation in embedding Strengthening Families into Quality Rating and Improvement Systems (QRIS). Strengthening Families has been included as a quality standard in Idaho's QRIS from the very beginning. In its role as a peer state, Idaho is participating in national discussions around program evaluation as we work to establish Strengthening Families as an evidence-based practice with concrete, measurable ties to child abuse and neglect prevention.

Idaho's Strengthening Families curriculum is also gaining national attention. In November, Idaho AEYC staff traveled to New Jersey to train 55 CCR&R trainers in the 17-hour curriculum. The training was well-received and has been recommended to the national network of states participating in Strengthening Families. Here is a comment from New Jersey: "[Trainers] are going nuts over the kits!! They simply love the comprehensiveness as well as the ease of using them. They are now a critical part of the SF effort here in NJ. One of our trainers suggested that the Idaho kit be a 'gold standard' states try to achieve in order to really implement this work effectively."

Strengthening Families through Early Care and Education continues to attract the attention of foundations, policy makers, and national leaders, and we are proud to say that Idaho is well poised to continue its role as a leader in the field of child abuse and neglect prevention.

2007-2008 Contributors

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Conference Brought Together Prevention Workers from Throughout Idaho

Violent behavior in adolescence and adulthood is fundamentally linked to abuse and neglect in the first two years of life, according to Robin Karr-Morse, who opened the second day of the Idaho Children's Trust Fund's 9th Annual Strengthening Families to Prevent Child Abuse conference, April 7 & 8, 2008 in Boise.

Karr-Morse was the first director of the Oregon Children's Trust Fund and with co-author, Meredith Wiley wrote the groundbreaking book *Ghosts from the Nursery*. The book details the relationship between early brain development, adverse early childhood experiences and later violent behavior and outlines the need and opportunity to prevent abuse of children.

Monday's keynote address was focused on making prevention of child abuse and neglect a social movement that involves whole communities in the effort to strengthen and support parents and children. Ben Tanzer from Prevent Child Abuse America in Chicago presented the findings of public opinion research to help advocates present a stronger message.

In addition to the two keynote speakers, conference presenters from Idaho and throughout the country focused on prevention strategies including fatherhood initiatives, home visiting projects, and parent support groups. Additional workshops focused on childhood mental illness, child sexual abuse and organizational development. Five workshops were designed and presented by Trust Fund grantees who are involved in best practices in their communities.

Over 220 people attended the conference, the most ever, and all workshops and presentations rated above a 4 in a 5 point scale. Attendees also participated in a forum to talk about the future of prevention of child abuse in Idaho

Idaho Children's Trust Fund Financial Report

The Department of Health and Welfare, under the direction of the Idaho Children's Trust Fund Board, is responsible for the management and accounting of funds in the Trust account. The following is a summary of the financial activities of the Trust Fund account in SFY 2008 (July 1, 2007 – June 30, 2008). By state statute, up to half of the funds generated by income tax return donations, along with 75% of the amount generated by other sources, may be expended. Half of the funds generated by the income tax donations, and 25% of other income must be deposited into the Children's Trust Fund Endowment Account in order to generate interest earnings to be used for future expenditures. In order to give a truer picture of Trust Fund revenues and expenditures, we are also including accounting for the federal grant money that we receive in furtherance of our mission.

Cash on Hand, July 1, 2007	\$ 90,852.00
Deposits	
Cash and Special Donations	\$ 8,344.30
Tax Return Donations	\$ 88,841.43
Interest Earned	\$ 58,971.32
Conference Fees and grants	\$ 22,709.00
Federal child abuse grant (CBCAP)	\$ 202,978.00
Total Deposits	\$ 381,844.05
Total Funds Available, SFY2008	\$ 472,696.05
Application of Funds	
Disbursements	
Trust Fund Grants and Awards (obligated)	\$ 182,500.00
Transfer to Endowment	\$ 5,145.17
Personnel	\$ 63,369.26
Conference	\$ 29,637.00
Non-grant expenditures from CBCAP grant	\$ 69,500.00
Total Disbursements	\$ 350,151.43
Cash on Hand End of Year (June 30, 2008)	\$ 122,544.62
Balance June 30, 2008	
Endowment Account (Market Value)	\$1,219,510.38
Cash on Hand	\$ 122,544.62
Total Amount in Children's Trust Fund (June 30, 2008)	\$1,342,055.00



CONFERENCE WORKSHOPS WERE PACKED AND LIVELY. HERE, CURRENT GRANTEEES TALK ABOUT HOME VISITING PROGRAMS

Our National Partners

The Trust Fund doesn't work in isolation. Instead, in addition to our many statewide partners, we work with groups nationally who share with us the latest research and best practices in preventing child abuse and neglect.

The National Alliance of Children's Trust and Prevention Funds is an alliance of the Trust Funds in all 50 states, Washington, D. C. and the American territories. The Idaho Children's Trust Fund was initially formed as part of a national movement to establish such funds in all 50 states. The National Alliance promotes a system of services, laws, practices, and attitudes that supports families by enabling them to provide their children with a safe, healthy, and nurtured childhood. Its long-term plans and activities include advocating for increased public and private funding for community-based child abuse and neglect prevention activities, supporting and strengthening the state Trust Funds, promoting awareness of the importance of strengthening families, and collaborating with other national child abuse prevention organizations. Members of the National Alliance are catalysts for the development of community-based child abuse and neglect prevention programs in their states. They are also incubators for innovative prevention programs and services. The state Trust Funds are able to look at what has worked nationally, review national research, and use these ideas to build and strengthen their own programs.

The Idaho Children's Trust Fund is the state affiliate of **Prevent Child Abuse America**, joining 41 other state organizations working to prevent child abuse and neglect. Being a chartered member of Prevent Child Abuse America gives us even greater access to information and resources, and best practices among peers. Since 1972, Prevent Child Abuse America has led the way in building awareness, providing education and inspiring hope to everyone involved in the effort to prevent the abuse and neglect of our nation's children. Working with their chapters, they promote and implement the national and of the state chapters they are valuing families and engaging communities nationwide. Their many local programs, prevention initiatives and events help spread the word in the community, creating awareness that prevention is possible. PCAA is a family of friends, professionals, volunteers, donors and parents who are preventing child abuse and neglect before it ever starts. (From their website at www.preventchildabuse.org)



**Prevent Child Abuse
Idaho**

provide leadership to prevention efforts at both local levels. With the help and concerned individuals children, strengthening

Since 1996, the Idaho Children's Trust Fund has been designated by the Governor to receive the federal **Community Based Child Abuse Prevention (CBCAP)** grant for Idaho. The purpose of the CBCAP program is: 1) to support community-based efforts to develop, operate, expand, enhance, and, where appropriate, to network, initiatives aimed at the prevention of child abuse and neglect, 2) to support networks of coordinated resources and activities to better strengthen and support families to reduce the likelihood of child abuse and neglect, and 3) to foster an understanding, appreciation, and knowledge of diverse populations in order to be effective in preventing and treating child abuse and neglect. As the Idaho designee, we work closely with FRIENDS, the National Resource Center for CBCAP which provides training and technical assistance. FRIENDS is a resource to those programs and to the rest of the child abuse prevention community.

Grants

Thank you to the corporations and foundations who funded our work in 2007 and 2008.

National Alliance of Children's Trust and Prevention Funds
(from the Doris Duke Charitable Foundation)
Casey Family Programs
IDACORP Employee Community Service Fund

Albertsons Store Foundation
Larry Barnes Foundation, Inc.
Weyerhaeuser Company Foundation
Intermountain Gas Industries Foundation Inc

■
Parent's
need
friends

-Social Connection

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The 48th Idaho Legislature declared its intent for the Idaho Children's Trust Fund at its first regular session in 1985:

"The children of the state of Idaho are its single greatest resource and ... these children require the utmost protection to guard their future and the future of the state. The legislature recognizes that child abuse and neglect is a threat to the family unit and imposes major expenses on society. The legislature further declares that there is a need to assist private and public agencies in identifying and establishing community based educational and service programs for the prevention of child abuse and neglect. It is the intent of the legislature that an increase in prevention programs will help break the cycle of child abuse and will help reduce the breakdown in families and thus reduce the need for state intervention and state expenses. It is further the intent of the legislature that prevention of child abuse and child neglect programs be partnerships between communities, citizens and the state."

It is from here we take our charge.

History

The Idaho Children's Trust Fund was established by an act of the state legislature in 1985 to promote child and family well-being in the state of Idaho. The legislature declared that there is a need to assist



THEN GOVERNOR JOHN EVANS SIGNS
TRUST FUND LEGISLATION IN 1985

private and public agencies in identifying and establishing community-based educational and service programs for the prevention of child abuse and neglect. The Trust Fund makes grants, and provides training and technical assistance to programs throughout the state that work directly with children and their families. While located within state government, the Children's Trust Fund is a unique public-private partnership, receiving no state general funds.

Mission

The Idaho Children's Trust Fund supports efforts within the state that are designed to prevent the occurrence of child abuse and neglect.

Vision

Our vision is that all the children of Idaho are valued and develop in a safe and nurturing environment.

Governance

An independent board, created by state statute and appointed by the Governor, oversees fundraising, expenditures, and operations. The Trust Fund board includes governor-appointed members from the seven regions of the state, as well as three members appointed by the Idaho Attorney General, Superintendent of Public Instruction and the Director of the Department of Health and Welfare. Board members are citizen volunteers who are appointed because of their expertise in child and family issues. Staff members include an Executive Director, a Grants Manager and currently an AmeriCorps member responsible for developing parent leadership. Private citizens from throughout Idaho who sit on the board, or on a panel, steer the Trust Fund's course and help raise the funds necessary to make prevention grants for local community programs.

Thank You!

We would like to thank the thousands of Idahoans who generously donated \$88,841 through their Idaho State Income Tax forms. We are not able to learn your names, but your support is most valuable in preventing child abuse in our state.

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